I CLAIM:

1 1. A wall structure having an above ground wall, said wall structure comprising in 2 combination: 3 a) a plurality of footings disposed at least partially in the ground at each end of said wall; 4 5 b) said wall including a lintel receiving support at each end from said footings and a plurality of courses extending upwardly form said lintel; 6 7 c) at least one tensioning rod extending upwardly from said lintel into said wall; 8 and 9 d) at least one further tensioning rod extending upwardly from within each footing 10 and adapted for resisting tilting of said wall. 1 2. The wall structure as set forth in Claim 1 including a plate disposed on each of 2 said footings for supporting an end of said lintel. 1 3. The wall structure as set forth in Claim 1 including a post extending from each of 2 said footings, said at least one further tensioning rod extending upwardly into said post, said post 3 including a vertical slot for receiving an end of said wall. 1 4. The wall structure as set forth in Claim 3 including a plate disposed on each of 2 said footings for supporting said post and said lintel.

1	5.	The wall structure as set forth in Claim 4 wherein an end of said lintel extends
2	into said slot	of said post.
1	6.	The wall structure as set forth in Claim 3 including at least one rebar disposed
2	longitudinally	within said lintel and grout for imbedding said rebar and a lower end of said
3	tensioning roo	l within said lintel.
1	7.	The wall structure as set forth in Claim 1 wherein said lintel is generally C-shaped
2	in cross section	on.
1	8.	The wall structure as set forth in Claim 7 wherein said lintel includes a
2	longitudinally	oriented upwardly facing opening.
1	9.	The wall structure as set forth in Claim 8 wherein said tensioning rods extend
2	upwardly thro	ough said opening.
1	10.	The wall structure as set forth in Claim 1 wherein said at least one further
2	tensioning roo	d extends upwardly within said wall at one end thereof.
1	11.	The wall structure as set forth in Claim 10 wherein said further tensioning rod
2	extends throu	gh said lintel.

I	12.	The wall structure as set forth in Claim 10 including a plate disposed on each of		
2	said footings f	said footings for supporting an end of said lintel.		
1	13.	The wall structure as set forth in Claim 10 including at least one rebar disposed		
2	longitudinally	within said lintel and grout for imbedding said rebar and a lower end of said		
3	tensioning rod	within said lintel.		
1	14.	The wall structure as set forth in Claim 10 wherein said lintel is generally		
2	C-shaped in cr	ross section.		
1	15.	The wall structure as set forth in Claim 14 wherein said lintel includes a		
2	longitudinally	oriented upwardly facing opening.		
1	16.	The wall structure as set forth in Claim 15 wherein said tensioning rods extend		
2	upwardly thro	ugh said opening.		
1	17.	The wall structure as set forth in Claim 1 wherein said courses comprise concrete		
2	masonry units			
1	18.	The wall structure as set forth in Claim 1 wherein said courses comprise bricks		
2	having at least one passageway therethrough.			

1	19.	A method for constructing an above ground wall, said method comprising the
2	steps of:	
3		a) developing a footing at least partially in the ground at each end of the wall to be
4	built;	
5		b) providing support for each end of a lintel from the footings;
6		c) laying a plurality of courses upon the lintel to form the wall;
7		d) installing a plurality of tensioning rods extending from within the lintel
8	upwardly into	the wall during exercise of said step of laying;
9		e) locating the lower end of at least one further tensioning rod with each footing
10	during exercise of said step of developing; and	
11		f) penetrably engaging the at least one further tensioning rod with one end of the
12	wall during e	xercise of said step of laying.
1	20.	The method as set forth in Claim 19 including the step of placing a plate on each
2	footing for su	apporting the lintel.
1	21.	The method as set forth in Claim 19 wherein said step of laying includes the step
2	of laying con-	crete masonry units.
1	22.	The method as set forth in Claim 19 wherein said step of laying includes the step
2	of laying bric	ks.

1	23.	A method for constructing an above ground wall, said method comprising in
2	combination:	
3		a) developing a footing at least partially in the ground at each end of the wall to be
4	built;	
5		b) installing at least one tension rod to extend upwardly from each footing;
6		c) placing a plate on each footing;
7		d) building a post on each plate with blocks to provide a vertical cavity for
8	receiving the	at least one tensioning rod and to provide a vertical slot for receiving an end of the
9	wall to be built;	
10		e) placing a lintel on each of the plates to locate the ends of the lintel in the slots
11	of the respective posts and above ground;	
12		f) laying a plurality of courses upon the lintel, each of the courses extending into
13	the slots of th	ne respective one of the posts; and
14		g) installing a plurality of tensioning rods extending from within the lintel
15	upwardly into	o the wall during exercise of said step of laying.
1	24.	The method as set forth in Claim 23 wherein said step of laying includes the step
2	of laying con-	crete masonry units.
1	25.	The method as set forth in Claim 23 wherein said step of laying includes the step
2	of laying bric	ks.

2 combination: 3 a) a plurality of footings disposed at least partially in the ground at each end of 4 said wall; b) said wall including a lintel receiving support at each end from said footings and 5 6 a plurality of courses extending upwardly form said lintel; c) at least one rod extending upwardly from said lintel into said wall; 7 8 d) a post extending from a respective one of said plurality of footings for 9 supporting an end of said wall, said post including a vertical slot for receiving the corresponding 10 end of said wall; and 11 e) at least one further rod extending upwardly from within each a respective one 12 of said plurality of footings into the respective one of said posts and adapted for resisting tilting of said post. 13 27. 1 The wall structure as set forth in Claim 26 including a starter course disposed on 2 the respective one of said plurality of footings for supporting an end of said lintel. 1 28. The wall structure as set forth in Claim 26 including at least one rebar disposed 2 longitudinally within said lintel and grout for imbedding said rebar and a lower end of said rod 3 within said lintel.

A wall structure having an above ground wall, said wall structure comprising in

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ı	29. The wall structure as set forth in Claim 26 wherein said lintel is generally C-		
2	shaped in cross section.		
1	30. The wall structure as set forth in Claim 29 wherein said lintel includes a		
2	longitudinally oriented upwardly facing opening.		
1	31. The wall structure as set forth in Claim 30 wherein said rods extend upwardly		
2	through said opening.		
1	32. A method for constructing an above ground wall, said method comprising in		
2	combination:		
3	a) developing a footing at least partially in the ground at each end of the wall to l		
4	built;		
5	b) installing at least one rod to extend upwardly from each footing;		
6	c) building a post on each footing with blocks to provide a vertical cavity for		
7	receiving the at least one rod and to provide a vertical slot for receiving an end of the wall to be		
8	built;		
9	d) locating the ends of a lintel in the slots of the respective posts and above		
10	ground;		
11	e) laying a plurality of courses upon the lintel, each of the courses extending into		
12	the slots of the respective one of the posts; and		
13	f) installing a plurality of rods extending from within the lintel upwardly into the		

- wall during exercise of said step of laying.
- 1 33. The method as set forth in Claim 32 wherein said step of laying includes the step of laying concrete masonry units.
- 1 34. The method as set forth in Claim 32 wherein said step of laying includes the step
- 2 of laying bricks.